Da Vinci Functional Fitness ● 210 N Douglas Ave. El Segundo

⃝ Female ⃝ Male

Da Vinci Design SEMINAR

 **Waiver and Health Information**

Name Email

Address City, State ZIP

Date of Birth Phone

In an emergency, I would like Da Vinci Functional Fitness to call

**Health Questions**

Phone

|  |  |  |  |
| --- | --- | --- | --- |
| Do you take prescription medication? | Yes | No |  |
| Do you currently exercise? | Yes | No | If yes, how much per week?  |
| Do you have back, knee or shoulder pain? | Yes | No |  |
| Have you had previous injuries or surgeries? | Yes | No | If yes, please explain:  |

Do you have high blood pressure, asthma, diabetes or a heart condition? Yes No

Do you have any other health conditions that are not listed here? Yes No

If yes, please indicate here:

**Photography/Video Release**

Participants involved in any activities offered by Da Vinci Functional Fitness may be photographed or videotaped during training. The undersigned hereby consents to the use of these photographs and/or videos, without compensation, on the Da Vinci Functional Fitness website or in any editorial, promotional or advertising material produced and/or published by Da Vinci Functional Fitness Initials

# Waiver and Release of Liability

**Express Assumption of Risk**: I, the undersigned, am aware that there are significant risks involved in all aspects of physical training. These risks include, but are not limited to: falls which can result in serious injury or death; injury or death due to negligence on the part of myself, my training partner, or other people around me; injury or death due to improper use or failure of equipment; strains and sprains. I am aware that any of these above mentioned risks may result in serious injury or death to me and or my partner(s). I willingly assume full responsibility for the risks that I am exposing myself to and accept full responsibility for any injury or death that may result from participation in any activity or class while at, or under the direction of Da Vinci Functional Fitness.

I acknowledge that I have no physical impairments, or illnesses that will endanger others. Initials **Release**: In consideration of the above mentioned risks and hazards and in consideration of the fact that I am willingly and voluntarily participating in the activities offered by Da Vinci Functional Fitness I, the undersigned hereby release Da Vinci Functional Fitness, their principals, agents, employees, and volunteers from any and all liability, claims, demands, actions or rights of action, which are related to, rise out of, or are in any way connected with my participation in this activity, including those allegedly attributed to the negligent acts or omissions of the above mentioned parties. This agreement shall be binding upon me, my successors, representatives, heirs, executors, assignees, or transferees. If any portion of the agreement is held invalid, I agree that the remainder of the agreement shall remain in full legal force and effect.

*If I am signing on behalf of a minor child, I also give full permission for any person connected with Da Vinci Functional Fitness to administer first aid deemed necessary, an in case of serious illness or injury, I give permission to call for medical and surgical care for the child and to transport the child to a medical facility deemed necessary for the well-being of the child. Limitations to treatment:*

**Indemnification**: The participant recognizes that there is risk involved in the types of activities offered Da Vinci Functional Fitness. Therefore, the participant accepts financial responsibility for any injury that the participant may cause either to him/herself or to any other participant due to his/her negligence. Should the above mentioned parties, or anyone acting on their behalf, be required to incur attorney’s fees and costs to enforce this agreement, I agree to reimburse them for such fees and costs. I further agree to indemnify and hold harmless Da Vinci Functional Fitness, their principals, agents, employees, and volunteers from liability for the injury or death of any person(s) and damage to property that may result from my negligent or intentional act or omission while participating in activities offered by Da Vinci Functional Fitness at the main building or abroad. This includes but is not limited to parks, recreational areas, playgrounds, areas adjacent to main building, and/or any area selected for training by Da Vinci Functional Fitness.

**I have read and understood the foregoing Assumption of Risk, and Release of Liability; and, I understand that by signing I am obligated to indemnify the parties named for any liability for injury or death of any person and damage to property caused my negligent or intentional act or omission. I understand that by signing this form I waiving legal rights.**

Participant Signature

*If the participant is under the age of 18,*

*Parent/Guardian Signature Parent/Guardian Printed Name*

Date

*Date*